

List of allergens

DISHES	GLUTEN	SHELLFISH	EGGS	GROUND-NUT	SOY	MILK	NUTS	CELERY	MUSTARD	SESAME	LUPIN	SULFITE	MOLLUSC	FISH
Asparagus			X			X	X							
Beetroot				O	O		O		O					
Mussels						X		X				X	X	X
Beef short ribs	X				X				X					X
Risotto						X								
Artichoke				O	X									
Lamb								O				O		
Flank steak								X	O			X		
Chicken					X	X	O					O		
Veal kidneys					X			X				O		
Swordfish							O					X		X
Calamari						O		X				X	X	X
Walnut sized potatoes				X										
Lettuce						O								
Green beans						X								
Cheese						X	O							
Coconut rice pudding														
Black chocolate	X		X			X	X							
Strawberry	X		X			X	X							

X : present in the dish

O : present in the dish but cooked or can be removed