

| PLATS               | GLUTEN              | CRUSTACÉS | ŒUFS       | ARACHIDE | SOJA       | LAIT          | FRUITS À COQUE   | CÉLERI   | MOUTARDE | SÉSAME   | LUPIN | SULFITE          | MOLLUSQUE | POISSON     |
|---------------------|---------------------|-----------|------------|----------|------------|---------------|------------------|----------|----------|----------|-------|------------------|-----------|-------------|
| Brocolini           | O                   |           | X          |          |            | O SAUCE       |                  |          | O        |          |       |                  |           | O POUTARGUE |
| Tomate<br>ananas    |                     |           |            |          |            |               |                  | X        |          |          |       | X                |           |             |
| Gambas              | X                   | X         | O          |          |            | X             |                  | O bisque |          |          |       | O                |           | X           |
| Magret de<br>canard | X sauce soja        |           | O<br>sauce |          | X          |               |                  |          |          | X        |       |                  |           |             |
| Artichaut           | O CROÛTONS          |           |            |          |            | O<br>émulsion |                  |          |          |          |       | O émulsion       |           |             |
| Blette farcie       | X                   |           |            |          | X          |               | X pignons de pin | O sauce  |          |          |       | X                |           |             |
| Echine de<br>porc   |                     |           |            |          |            |               |                  | X sauce  | O        |          |       | X                |           |             |
| Entrecôte<br>Angus  |                     |           |            |          |            |               |                  | X sauce  |          |          |       | X sauce          |           |             |
| Tomahawk            |                     |           |            |          |            | O<br>sauce    |                  | X sauce  |          |          |       | X sauce          |           |             |
| Agneau              | O huile<br>d'épices |           |            |          |            |               |                  | X        |          |          |       | X                |           |             |
| Canette             | X zaatar            |           |            |          |            |               | X noix de cajou  | X sauce  |          | X zaatar |       | X                |           |             |
| Daurade             |                     |           |            |          |            |               |                  | X sauce  |          |          |       | X sauce          |           | X           |
| Bar                 | X sauce             |           | X sauce    |          | X<br>sauce | X sauce       |                  |          |          |          |       | X sauce          | X sauce   | X           |
| Frites              |                     |           |            |          |            |               |                  |          |          |          |       |                  |           |             |
| Sucrine             | O zaatar            |           |            |          |            | O             |                  |          |          | O zaatar |       | O<br>vinaigrette |           |             |
| Chou rôti           | O                   |           | O sauce    |          |            |               |                  |          |          | X sauce  |       |                  |           |             |
| Pont l'Evêque       |                     |           |            |          |            | X             | O noix           |          |          |          |       | X                |           |             |
| Tapioca             |                     |           |            |          |            |               | O crumble        |          |          |          |       | O                |           |             |
| Framboise           | X                   |           | X          |          |            | X             | X                |          |          |          |       |                  |           |             |
| Chocolat            | X                   |           | X          |          | X          | X             | O crumble        |          |          |          |       |                  |           |             |

X : présent dans le plat                      O : présent dans le plat mais cuit ou peut être retiré

| DISHES                 | GLUTEN          | SHELLFISH | EGG        | GROUND-NUT | SOY        | MILK          | NUTS             | CELERY   | MUSTARD | SESAME   | LUPIN | SULFITE          | MOLLUSC | FISH       |
|------------------------|-----------------|-----------|------------|------------|------------|---------------|------------------|----------|---------|----------|-------|------------------|---------|------------|
| Broccolini             | O               |           | X          |            |            | O SAUCE       |                  |          | O       |          |       |                  |         | O BOTTARGA |
| Pineapple<br>tomato    |                 |           |            |            |            |               |                  | X        |         |          |       | X                |         |            |
| Prawns                 | X               | X         | O          |            |            | X             |                  | O bisque |         |          |       | O                |         | X          |
| Duck breast            | X sauce soja    |           | O<br>sauce |            | X          |               |                  |          |         | X        |       |                  |         |            |
| Artichoke              | O CROÛTONS      |           |            |            |            | O<br>émulsion |                  |          |         |          |       | O émulsion       |         |            |
| Stuffed Swiss<br>chard | X               |           |            |            | X          |               | X pignons de pin | O sauce  |         |          |       | X                |         |            |
| Pork collar            |                 |           |            |            |            |               |                  | X sauce  | O       |          |       | X                |         |            |
| Angus beef rib-<br>eye |                 |           |            |            |            |               |                  | X sauce  |         |          |       | X sauce          |         |            |
| Tomahawk               |                 |           |            |            |            | O<br>sauce    |                  | X sauce  |         |          |       | X sauce          |         |            |
| Lamb                   | O spiced<br>oil |           |            |            |            |               |                  | X        |         |          |       | X                |         |            |
| Duck                   | X zaatar        |           |            |            |            |               | X noix de cajou  | X sauce  |         | X zaatar |       | X                |         |            |
| Sea bream              |                 |           |            |            |            |               |                  | X sauce  |         |          |       | X sauce          |         | X          |
| Sea bass               | X sauce         |           | X sauce    |            | X<br>sauce | X sauce       |                  |          |         |          |       | X sauce          | X sauce | X          |
| French fries           |                 |           |            |            |            |               |                  |          |         |          |       |                  |         |            |
| Baby gem lettuce       | O zaatar        |           |            |            |            | O             |                  |          |         | O zaatar |       | O<br>vinaigrette |         |            |
| Roasted cabbage        | O               |           | O sauce    |            |            |               |                  |          |         | X sauce  |       |                  |         |            |
| Pont l'Evêque          |                 |           |            |            |            | X             | O noix           |          |         |          |       | X                |         |            |
| Tapioca                |                 |           |            |            |            |               | O crumble        |          |         |          |       | O                |         |            |
| Raspberry              | X               |           | X          |            |            | X             | X                |          |         |          |       |                  |         |            |
| Chocolate              | X               |           | X          |            | X          | X             | O crumble        |          |         |          |       |                  |         |            |

X : present in the dish

O : present in the dish but cooked or can be removed